

Queens Medical College, Kasur
Timetable 1st Year MBBS (Session 2025-2026)

Week 1
Theme: Orientation

Day	08:00 – 09:30	09:30 - 11:00		11:00 - 12:00		12:00 - 01:30	01:30-2:30
Monday	Receiving Kit	Welcome Address, White Coat & Oath taking ceremony, Main Auditorium		History of Medical Profession Dr. Ghazala LT 01		Campus Tour	Refreshments
Tuesday	08:00- 09:00	09:00- 10:00	10:00- 11:00	11:00-11:30	11:30 - 12:30	12:30 - 01:30	01:30 - 02:30
	IT\Library Muhammad Nadir/ Abdul Razzaq	Group Dynamics & Leadership Dr. Shoaib	Study Skills Dr. Sadia	BREAK	IT\Library Muhammad Nadir/ Abdul Razzaq	Group Dynamics& Leadership Dr. Shoaib	Study Skills Dr. Sadia
	Group 1	Group 2	Group 3		Group 2	Group 3	Group 1
Wednesday	IT\Library Muhammad Nadir/ Abdul Razzaq	Group Dynamics & Leadership Dr. Shoaib	Study Skills Dr. Sadia		Anatomy Group-1 Biochemistry Group-2 Physiology Group-3	Anatomy Group-2 Biochemistry Group-3 Physiology Group-1	Anatomy Group-3 Biochemistry Group-1 Physiology Group-2
	Group 3	Group 1	Group 2		Venue: Anatomy- Physiology- Biochemistry Departments		
	Thursday	08:00 - 11:00			11:30 -12:30	12:30 -01: 30	01:30-2:30
Meet the Mentors			Introduction of co-curricular clubs/committees Dr. Sadia LT 01	Reflective Doctor Dr. Shoaib LT 01	Academic Writing Basics Dr. Sadia LT 01		
Friday	08:00-01:00						01:00-02:00
	Visit to Hospital Medical facilities available to students						Jumma Prayer


Dr. Syed Hasan Shoaib
 Director Medical Education
 Queens Medical College


Prof. Shireen Khawar
 Principal,
 Queens Medical College, Kasur

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Detail of Group A, B, C (for visit to clinical and basic science departments)	
Group	Roll #
1	1-33
2	34-66
3	67-100
Venue for Workshops:	
IT/ Library	IT lab (QMC)
Study Skills	Tutorial Room 1 (QMC)
Group Dynamics and Leadership	Tutorial Room 2 (QMC)

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Subject color code guide

Color	Subject
	Anatomy
	Physiology
	Biochemistry
	Community Medicine
	Pathology
	Pharmacology
	Behavioral Sciences
	CFRC/PERL's
	Quran / ISLAMIYAT
	Pak Study
	Integrated Lectures

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Week 2-Theme: Cellular Basis of Life

Days	8:00- 9:00	9:00 – 9:45	9:45- 10:30	10:30 – 11:15	11:15 -11:45	11:45 – 12:30	12:30-1:45	1:45 – 3.00	
Monday	Research Introduction to uses of research & Skills Needed Dr. Saadia LH-01	Physiology LGIS F-P-001 Structure of Cell Membrane/ membrane protein types & functions Dr.Tanzeela Waqar LH-01	Biochemistry LGIS F-B-001 Structure of Cell +Biochemical Basis of Structure and Function of Cell Dr. Hassan Jamil LH-01	Embryology LGIS FA-010 Cell Division Dr. Amin LH-01	Break	Com. Medicine LGIS F-CM-002 Health Determinants Dr. Rizwan ullah LH-01	Physiology LGIS F-P-001 Cellular organelles Dr.Tanzeela Waqar LH-01	Practical Batch A: Anatomy Histology F- 040+048+ 049+050 Microscopy Basics Batch B: Physiology: F-P- 008: Lab Use protocol. Batch C: Biochemistry F- B-015: Lab Hazards Batch D: Clinical Skill Lab :Hand washing All Demo	
Tuesday	SGIS Batch A: Anatomy F-A- 001 Intro to GA Batch B: Physiology F-P-001 Cell Organelles. Batch C: Biochemistry: F-B- 001 Cell Structure Batch D: Anatomy Practical F- 040+048+ 049+050 Microscopy Basics All Demo	Behavioural Sciences LGIS F-BhS-006 Stress Management Techniques/ ANS response to stress, behavioral Manifestations Dr. Altaf Qadir LH-01	PERL LGIS Responsible & Accountable Medical Students Dr. Shoaib LH-01	Behavioural Sciences Biological basics of Behavior Dr. Altaf Qadir LH-01		Physiology LGIS F-P-001 Cytoskeleton, structure, and function Dr. Tanzeela Waqar LH-01	Embryology LGIS FA-010 Chromosomal abnormalities Dr. Amin LH-01	Practical Batch B: Anatomy Histology F- 040+048+ 049+050 Microscopy Basics Batch C: Physiology: F-P- 008: Lab Use protocol. Batch D: Biochemistry F- B-015 Lab Hazards Batch A: Clinical Skill Lab : Hand washing All Demo	
Wednesday	SGIS Batch B: Anatomy F-A- 001 Intro to GA Batch C: Physiology F-P-001 Cell Organelles. Batch D: Biochemistry: F-B- 001 Cell Structure Batch A: Anatomy Practical F- 040+048+ 049+050 Microscopy Basics All Demo	Histology FA-040 Introduction to microscopy & Basic staining technique Dr. Yasoob LH-01	Biochemistry LGIS F-B-002 Stru. Function of Cell membrane with role of lipids, carbohydrates & Proteins Dr. Gul-e-Raana LH-01	Physiology LGIS F-P-001 SER, RER, Golgi bodies Dr. Tanzeela Waqar LH-01		Mentoring Session		Practical Batch C: Anatomy Histology F- 040+048+ 049+050 Microscopy Basics Batch D: Physiology: F-P- 008: Lab Use protocol. Batch A: Biochemistry F- B-015 Lab Hazards Batch B: Clinical Skill Lab : Hand washing All Demo	
Thursday	SGIS Batch C: Anatomy F-A- 001 Intro to GA Batch D: Physiology F-P-001 Cell Organelles. Batch A: Biochemistry: F-B-001 Cell Structure Batch B: Anatomy Practical F- 040+048+ 049+050 Microscopy Basics All Demo	Biochemistry LGIS F-B-002 Fluid Mosaic Model Dr. Gul-e-Raana LH-01	Physiology LGIS F-P-001 Lysosomes, peroxisomes Dr. Shaista Husain LH-01	Com. Medicine LGIS F-CM-003 Health Indicators Dr. Saadia LH-01		Pathology LGIS F-Pa-001 Cell Injury Dr. Farooq Aziz LH-01	Embryology LGIS FA-011-014 Gametogenesis Dr. Naeem LH-01	Practical Batch D: Anatomy Histology F- 040+048+ 049+050 Microscopy Basics Batch A: Physiology: F-P- 008: Lab Use protocol. Batch B: Biochemistry F- B-015 Lab Hazards Batch C: Clinical Skill Lab : Hand washing All Demo	
Friday	8:00- 9:00	9:00-9:45	9:45- 10:30	10:30-11:15	11:15-11:45	11:45 – 12:30	12:30 – 01:15	01:15-01:45	01:45-03:00
	SGIS Batch D: Anatomy F-A- 001 Intro to GA Batch A: Physiology F-P-001 Cell Organelles. Batch B: Biochemistry: F-B-001 Cell Structure Batch C: Anatomy Practical F- 040+048+ 049+050 Microscopy Basics All Demo	Physiology LGIS F-P-001 Endocytosis Pinocytosis Dr. Shaista Husain LH-01	Biochemistry LGIS F-B-002 Fluid Mosaic Model Dr. Gul-e-Raana LH-01	Pathology LGIS F-Pa-002 Cell death Dr. Farooq Aziz LH-01	Break	Biochemistry LGIS F-B-003 G- Protein Dr. Hassan Jamil LH-01	Quran Describe Unity of Allah in being Ms. Ulfat LH-01	Jumma Prayer	Self-Directed Learning

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Week 3 -Theme: Cell Signaling and transport

Days	8:00- 9:00	9:00 – 9:45	9:45- 10:30	10:30 – 11:15	11:15-11:45	11:45 – 12:30	12:30-1:45	1:45 – 3.00	
Monday	Test Physiology All Faculty LH-01	Histology FA-041 Cell Membrane Dr. Yasoob LH-01	Biochemistry LGIS F-B-003 Cell to Cell Communication Dr. Hassan Jamil LH-01	Physiology LGIS F-P-001 Transport Mechanisms Classification Dr. Usama Shayan LH-01	Break	Pharmacology LGIS Orientation F-Ph002 Basic Terminology on Pharmacology Dr. Fauzia LH-01	Embryology FA-012 Oogenesis Integration with Gynae Dr. Sajida LH-01	Practical Batch A: Anatomy GA Anatomy F-A-002 Blood Supply of bones Batch B: Physiology: Physiology F-P- 009: ESR Batch C: Biochemistry F-B-016 Cell Structure Batch D: Clinical Skill Lab : Radial Pulse All Demo	
Tuesday	SGIS Batch A: Anatomy F-A- 002+009 Classification of Bones Batch B: Physiology F-P-001 Cell Transport. Batch C: Biochemistry: F-B- 002 Cell Membrane Batch D: Anatomy Practical F-A-051-1-4 Epithelia All Demo	Biochemistry LGIS F-B-003 Cell to cell communication Dr. Hassan Jamil LH-01	Physiology LGIS F-P-001 Diffusion Dr. Usama Shayan LH-01	Embryology LGIS FA-017 Fertilization Dr. Naem LH-01		PERL LGIS Code of Conduct Dr. Shoaib LH-01	Embryology LGIS FA-015-019 Female Reproductive Cycle & Infertility Integration with Gynae Dr. Sajida LH-01	Practical Batch B: Anatomy GA Anatomy F-A-002 Blood Supply of bones Batch C: Physiology: Physiology F-P- 009: ESR Batch D: Biochemistry F-B- 016 Cell Structure Batch A: Clinical Skill Lab : Radial Pulse All Demo	
Wednesday	SGIS Batch B: Anatomy F-A 002+009 Classification of Bones. Batch C: Physiology F-P-001 Cell Transport. Batch D: Biochemistry: F-B- 002 Cell Membrane Batch A: Anatomy Practical F-A-051-1-4 Epithelia All Demo	Histology FA-042 Cell organelles Dr. Yasoob LH-01	Biochemistry LGIS F-B-003 Cell Signalling pathways Dr. Gul e Raana LH-01	Com. Medicine LGIS F-CM-004 Disease Causation Dr. Amber Arshad LH-01		Behavioural Sciences LGIS F-BhS-002 Psychological Disorder Dr. Altaf Qadir LH-01	Physiology LGIS F-P-001 Active Transport Dr. Usama Shayan LH-01	Practical Batch C: Anatomy GA Anatomy F-A-002 Blood Supply of bones Batch D: Physiology: Physiology F-P- 009: ESR Batch A: Biochemistry F-B- 016 Cell Structure Batch B: Clinical Skill Lab : Radial Pulse All Demo	
Thursday	SGIS Batch C: Anatomy F-A- 002+009 Classification of Bones Batch D: Physiology F-P-001 Cell Transport. Batch A: Biochemistry: F-B- 002 Cell Membrane Batch B: Anatomy Practical F-A-051-1-4 Epithelia All Demo	Physiology LGIS F-P-001 Gated Channels/ Na/ATPase Pump Dr. Shaista Husain LH-01	Biochemistry LGIS F-B-003 Cell Signaling pathways Dr. Gul e Raana LH-01	Embryology LGIS FA-018 Contraception Integration with Physiology Dr. Shaista Husain LH-01		Quran Describe Unity of Allah in attributes Ms. Ulfat LH-01	Pathology LGIS F-Pa-001 Necrosis Dr. Zubaira LH-01	Practical Batch D: Anatomy GA Anatomy F-A-002 Blood Supply of bones Batch A: Physiology: Physiology F-P- 009: ESR Batch B: Biochemistry F-B-016 Cell Structure Batch C: Clinical Skill Lab : Radial Pulse All Demo	
Friday	8:00- 9:00	9:00-9:45	9:45- 10:30	10:30-11:15	11:15-11:45	11:45 – 12:30	12:30 – 01:15	01:15-01:45	01:45-03:00
	SGIS Batch D: Anatomy F-A- 002+009 Classification of Bones Batch A: Physiology F-P-001 Cell Transport. Batch B: Biochemistry: F-B- 002 Cell Membrane Batch C: Anatomy Practical F-A-051-1-4 Epithelia All Demo	Pathology LGIS F-Pa-001 Apoptosis + clinicopathological Terms & Composition Dr. Zubairia LH-01	Biochemistry LGIS F-B-003 Cell to cell adhesions Dr. Hassan Jamil LH-01	Physiology LGIS F-P-002 Blood: Functions Dr. Tanzeela Waqar LH-01	Break	Embryology LGIS FA-20 Cleavage, blastocyst formation Dr. Amin LH-01	Physiology LGIS Gated Channels 2 Dr. Shaista Husain LH-01	Jumma Prayer	Self-Directed Learning

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Week 4 Theme: Basis of proteins + Nucleotides

Days	8:00- 9:00	9:00 – 9:45	9:45- 10:30	10:30 – 11:15	11:15-11:45	11:45 – 12:30	12:30-1:45	1:45 – 3.00	
Monday	Test Anatomy All Faculty LH-01	Biochemistry LGIS F-B-004 Subcellular organelles Biochemical markers & Imp. Dr. Hassan Jamil LH-01	Physiology LGIS F-P-002 Plasma Protein: Types & Functions Dr. Shaista Husain LH-01	Embryology LGIS FA-021 Implantation Week 2 of Development Dr. Amin LH-01	Break	ISLAMIYAT Understand the basic principles of Islam. Ms. Ulfat LH-01	PERL LGIS Duties of Healthcare Professional Dr. Sadia LH-01	Practical Batch A: Anatomy Histology F-A-051 Epithelia- 5-8 Batch B: Physiology: F-P- 009: Packed Cell Volume Batch C: Biochemistry F-B-017 Centrifuge , Microlab Batch D: Clinical Skill Lab :Respiratory Rate measurement All Demo	
Tuesday	SGIS Batch A: Anatomy F-A- 003 Cartilage Batch B: Physiology F-P-001 Plasma Protein Batch C: Biochemistry: F-B- 002 G Protein Batch D: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	Embryology LGIS FA-024 Formation of notochord Dr. Naeem LH-01	Biochemistry LGIS F-B-005 Chemistry of purine & pyrimidine Dr. Gul e Raana LH-01	Physiology LGIS F-P-002 Edema: Pathophysiology Dr. Shaista Husain LH-01		Embryology LGIS FA-022 Utero-Placental circulation Dr. Naeem LH-01	Embryology LGIS FA-023 Gastrulation Embryology Integrate with Gynecology Dr. Sajida LH-01	Practical Batch B: Anatomy Histology F-A-051 Epithelia- 5-8 Batch C: Physiology: F-P- 009: Packed Cell Volume Batch D: Biochemistry F-B-017 Centrifuge , Microlab Batch A: Clinical Skill Lab :Respiratory Rate measurement All Demo	
Wednesday	SGIS Batch B: Anatomy F-A- 003 Cartilage Batch C: Physiology F-P-001 Plasma Protein Batch D: Biochemistry: F-B- 002 G Protein Batch A: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	Physiology LGIS F-P-002 RBCs Characteristics + Bone Marrow types Dr. Usama Shayan LH-01	Biochemistry LGIS F-B-005 Linkage of purine & pyrimidine link with NA Synthesis Dr. Gul e Raana LH-01	Pak Study Describe brief the salient features of the Pakistan movement (1) Miss Ulfat LH-01		Com. Medicine LGIS F-CM-005 Disease Prevention Dr. M. Irfan LH-01	Histology LGIS FA-042 Cell organelles cytoplasmic inclusions Integrate with Pathology Dr. Ghazala LH-01	Practical Batch C: Anatomy Histology F-A-051 Epithelia- 5-8 Batch D: Physiology: F-P- 009: Packed Cell Volume Batch A: Biochemistry F-B-017 Centrifuge , Microlab Batch B: Clinical Skill Lab :Respiratory Rate measurement All Demo	
Thursday	SGIS Batch C: Anatomy F-A- 003 Cartilage Batch D: Physiology F-P-001 Plasma Protein Batch A: Biochemistry: F-B- 002 G Protein Batch B: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	Com. Medicine LGIS F-CM-005 Disease Prevention Dr. Sadia Shahzad LH-01	Biochemistry LGIS F-B-005 Purine & pyrimidine metabolism Dr. Gul e Raana LH-01	Physiology LGIS F-P-002 Erythropoiesis stages + factors Dr. Tanzeela Waqar LH-01		Quran Describe concept of Shirk (1) Ms. Ulfat LH-01	Pathology LGIS Intracellular equitation F-Pa-001 Dr. Gazala LH-01	Practical Batch D: Anatomy Histology F-A-051 Epithelia- 5-8 Batch A: Physiology: F-P- 009: Packed Cell Volume Batch B: Biochemistry F-B-017 Centrifuge , Microlab Batch C: Clinical Skill Lab :Respiratory Rate measurement All Demo	
Friday	8:00- 9:00	9:00-9:45	9:45- 10:30	10:30-11:15	11:15-11:45	11:45 – 12:30	12:30 – 01:15	01:15-01:45	01:45-03:00
	SGIS Batch D: Anatomy F-A- 003 Cartilage Batch A: Physiology F-P-001 Plasma Protein Batch B: Biochemistry F-B- 002 G Protein Batch C: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	Histology LGIS FA-043 Cell nucleus Dr. Yasoob LH-01	Biochemistry LGIS F-B-006 DNA Organization Dr. Hassan Jamil LH-01	Pathology LGIS F-Pa-003 Pathological calcifications Dr. Gazala LH-01	Break	Behavioural Sciences LGIS F-BhS-003 Psychology and Disease Dr. Altaf Qadir LH-01	Physiology LGIS F-P-002 Erythropoietin Dr. Tanzeela Waqar LH-01	Jumma Prayer	Self-Directed Learning

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Week 5 Theme: Embryo Development

Days	8:00- 9:00	9:00 – 9:45	9:45- 10:30	10:30 – 11:15	11:15-11:45	11:45 – 12:30	12:30-1:45	1:45 – 3.00	
Monday	Test Biochemistry All Faculty LH-01	Histology FA-045 Connective tissue Dr. Yasooob LH-01	Biochemistry LGIS F-B-006 Structural forms of DNA Dr. Hassan Jamil LH-01	Physiology LGIS F-P-002 B12 and folic acid in red cell maturation Dr. Tanzeela Waqar LH-01	Break	Embryology LGIS FA-025 Derivatives of ectoderm Dr. Amin LH-01	Histology FA-044 Epithelium Dr. Naeem LH-01	Practical Batch A: Anatomy Histology F-A-004 Joints Batch B: Physiology F-P-010: Blood Group Determination Batch C: Biochemistry F-B-018 Electrophoresis Batch D: Clinical Skill Lab: Blood Pressure All Demo	
Tuesday	SGIS Batch A: Anatomy F-A- 004 Joints Batch B: Physiology F-P-001 RBG Batch C: Biochemistry: F-B- 005 Nucleic Acid Batch D: Anatomy Practical F-A-052 Secretory glands All Demo	Com. Medicine LGIS Calculate morbidity and mortality indicators Dr. Irfan LH-01	Biochemistry LGIS F-B-007 RNA Structure and Types Dr. Hassan Jamil LH-01	Pharmacology LGIS F-Ph-002 Pharmacokinetics LH-01		Embryology LGIS FA-026 Mesodermal derivatives Dr. Amin LH-01	Physiology LGIS F-P-004 Hemoglobin in different ages, Normal indices, Enlist abnormal Hb Dr. Shaista Husain LH-01	Practical Batch B: Anatomy Histology F-A-004 Joints Batch C: Physiology: F-P-010: Blood Group Determination Batch D: Biochemistry F-B-018 Electrophoresis Batch A: Clinical Skill Lab :Blood Pressure All Demo	
Wednesday	SGIS Batch B: Anatomy F-A- 004 Joints Batch C: Physiology F-P-001 RBG Batch D: Biochemistry: F-B- 005 Nucleic Acid Batch A: Anatomy Practical F-A-052 Secretory glands All Demo	Embryology LGIS FA-027 Early development of CVS Integrate with Cardiology LH-01	Biochemistry LGIS F-B-007 RNA Types: Structure & Function Dr. Hassan Jamil LH-01	Physiology LGIS F-P-004 Role of iron in Hb formation Dr. Shaista Husain LH-01		Embryology LGIS FA-028 Folding of embryo Integrate with Gynecology Dr. Sajida LH-01	Pak Study Describe brief the salient features of the Pakistan movement (2) Miss Ulfat LH-01	Practical Batch C: Anatomy Histology F-A-004 Joints Batch D: Physiology F-P-010: Blood Group Determination Batch A: Biochemistry F-B-018 Electrophoresis Batch B: Clinical Skill Lab: Blood Pressure All Demo	
Thursday	SGIS Batch C: Anatomy F-A- 004 Joints Batch D: Physiology F-P-001 RBG Batch A: Biochemistry F-B- 005 Nucleic Acid Batch B: Anatomy Practical F-A-052 Secretory glands All Demo	Physiology LGIS F-P-005 WBC types- Neutrophils: characteristics & Functions Dr. Tanzeela Waqar LH-01	Biochemistry LGIS F-B-008 Nucleotides- Nomenclature & Structure Dr. Gul e Raana LH-01	PERL LGIS Personal Qualities Dr. Ghazala LH-01		Embryology LGIS FA-029 Germ layer derivatives Dr. Naeem LH-01	Islamyat Explain the concept of the Islamic state Ms. Ulfat LH-01	Practical Batch D: Anatomy Histology F-A-004 Joints Batch A: Physiology F-P-010: Blood Group Determination Batch B: Biochemistry F-B-018 Electrophoresis Batch C: Clinical Skill Lab: Blood Pressure All Demo	
Friday	8:00- 9:00	9:00-9:45	9:45- 10:30	10:30-11:15	11:15-11:45	11:45 – 12:30	12:30 – 01:15	01:15-01:45	01:45-03:00
	SGIS Batch D: Anatomy F-A- 004 Joints Batch A: Physiology F-P-001 RBG. Batch B: Biochemistry F-B- 005 Nucleic Acid Batch C: Anatomy Practical F-A-052 Secretory glands All Demo	Behavioural Sciences LGIS F-BhS-004 Behavioural factors and Pharmacologic al Treatment Dr. Altaf Qadir LH-01	Biochemistry LGIS F-B-008 Nucleotides – Biomedical Importance Dr. Hassan Jamil LH-01	Pathology LGIS F-Pa-003 Sterilization and disinfection Dr. Ashraf LH-01	Break	Physiology LGIS F-P-005 Defense process by neutrophils+ Leukocytosis + Leukopenia Dr. Usama Shayan LH-01	Embryology LGIS FA-029 Germ layer derivatives Integrate with Gynecology/ Pediatrics Dr. Sajida LH-01	Jumma Prayer	Self-Directed Learning

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Week 6 Theme: Implantation and defects

Days	8:00- 9:00	9:00 – 9:45	9:45- 10:30	10:30 – 11:15	11:15-11:45	11:45 – 12:30	12:30-1:45	1:45 – 3.00	
Monday	Test Anatomy LH -01	Embryology LGIS FA-031 Embryo Embryonic period Dr. Naeem LH -01	Biochemistry LGIS F-B-009 Chromosome Dr. Hassan Jamil LH -01	Ageing LGIS F-Ag-001 Theories of Aging Dr. Hassan Jamil LH -01	Break	Physiology LGIS F-P-005 Defence process by macrophages Dr. Usama Shayan LH -01	Histology LGIS FA -045 role of macrophages in innate immunity & formation of foreign body Giant cell Integrate with Physiology Dr. Shaista LH -01	Practical Batch A: Anatomy Histology F-A- 053 Connective Tissue Batch B: Physiology: F-P- 011: TLC/DLC Interpretation Batch C: Biochemistry F-B-019 Chromatography Batch D: Clinical Skill Lab Donning and Doffing All Demo	
Tuesday	SGIS Batch A: Anatomy FA- 005 Integumentary System Batch B: Physiology F-P-001 Erythropoiesis Batch C: Biochemistry: F-B- 008 Nucleotide Batch D: Anatomy Practical F-A- 053 Connective Tissue All Demo	Biochemistry LGIS F-B-010 Enzymes Classification + Mechanism of Action Dr. Gul e Raana LH -01	Physiology LGIS F-P-005 Lines of defense: Role of neutrophils & macrophages Dr. Usama Shayan LH -01	Com. Medicine LGIS F-CM-003 Disability indicators Dr. Irfan LH-01		Embryology LGIS FA-032 Fetal Period Dr. Amin LH -01	Embryology LGIS FA-033-034 Fetal Status / Placenta IUGR & factors Integrate with Gynecology Dr. Sajida LH -01	Practical Batch B: Anatomy Histology F-A- 053 Connective Tissue Batch C: Physiology F-P- 011: TLC/DLC Interpretation Batch D: Biochemistry F-B-019 Chromatography Batch A: Clinical Skill Lab Donning and Doffing All Demo	
Wednesday	SGIS Batch B: Anatomy F A-005 Integumentary System Batch C: Physiology F-P-001 Erythropoiesis Batch D: Biochemistry: F-B- 008 Nucleotide Batch A: Anatomy Practical F-A- 053 Connective Tissue All Demo	Behavioral Sciences LGIS F-BhS-006 Palliative Care Dr. Altaf Qadir LH-01	Biochemistry LGIS F-B-010 Enzymes with reference to other factors Dr. Gul e Raana LH-01	Physiology LGIS F-P-005 Reticuloendothelial System Dr. Shireen LH -01		Embryology LGIS FA-034 Placenta Dr. Yasooob LH -01	Embryology LGIS FA-045 epithelia with their histological structure Integrate with Pathology Dr. Zubaria LH -01	Practical Batch C: Anatomy Histology F-A- 053 Connective Tissue Batch D: Physiology: F-P- 011: TLC/DLC Interpretation Batch A: Biochemistry F-B-019 Chromatography Batch B: Clinical Skill Lab Donning and Doffing All Demo	
Thursday	SGIS Batch C: Anatomy F-A- 005 Integumentary System Batch D: Physiology F-P-001 Erythropoiesis Batch A: Biochemistry: F-B- 008 Nucleotide Batch B: Anatomy Practical F-A- 053 Connective Tissue All Demo	Physiology LGIS F-P-005 Basophils & Eosinophils Dr. Shaista Husain LH -01	Research Types of Research & components of Research Dr. Sadia LH -01	Pharmacology LGIS F-Ph-003 Pharmacodynamics Dr. Meneza LH -01		Mentoring Session		Practical Batch D: Anatomy Histology F-A- 053 Connective Tissue Batch A: Physiology F-P- 011: TLC/DLC Interpretation Batch B: Biochemistry F-B-019 Chromatography Batch C: Clinical Skill Lab Donning and Doffing All Demo	
Friday	8:00- 9:00	9:00-9:45	9:45- 10:30	10:30-11:15	11:15-11:45	11:45 – 12:30	12:30 – 01:15	01:15-01:45	01:45-03:00
	SGIS Batch D: Anatomy F-A- 005 Integumentary System Batch A: Physiology F-P-001 Erythropoiesis Batch B: Biochemistry F-B- 008 Nucleotide Batch C: Anatomy Practical F-A- 053 Connective Tissue All Demo	Pathology LGIS F-Pa-002 Microbes Dr. Ambreen Nawaz LH -01	Biochemistry LGIS F-B-010 Regulation and inhibitors of enzyme activity Dr. Gul e Raana LH -01	Physiology LGIS F-P-006 Blood Groups Classification + Landsteiner Law Dr. Shaista Husain LH -01	Break	Embryology LGIS FA-035 Fetal membranes Dr. Naeem LH -01		Jumma Prayer	Self-Directed Learning

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Week 7 Theme: Fetal period

Days	8:00- 9:00	9:00 – 9:45	9:45- 10:30	10:30 – 11:15	11:15-11:45	11:45 – 12:30	12:30-1:45	1:45 – 3.00	
Monday	Test Physiology All Faculty LH -01	Physiology LGIS F-P-006 Basis of ABO Blood group + Basis of Rh Blood group Dr. Usama Shayan LH -01	Biochemistry LGIS F-B-010 Michelis Menten Equ Dr. Gul e Ranna LH -01	Physiology LGIS F-P-006 ABO incompatibility Dr. Usama Shayan LH -01	Break	Anatomy LGIS FA-004 joint injuries and diseases Dr. Yasoob LH -01	Embryology LGIS FA-035 diagnostic amniocentesis & Polyhydramnios Integrate with Gynecology Dr. Sajida LH -01	Practical Batch A: Anatomy Histology Re A-047: Embryonic/Fetal identify+ Placenta+ USG report + Dates. Batch B: Physiology: F- P-011: WBCs - Slide Batch C: Biochemistry F-B-019 Solutions Batch D: Clinical Skill Lab: SDL All Demo	
Tuesday	SGIS Batch A: Anatomy F-A- 006 Muscle Tissue Batch B: Physiology F-P-010: WBCs Batch C: Biochemistry: F-B-010 Enzyme Batch D: Anatomy Practical Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates. All Demo	Embryology LGIS FA-036 Multiple pregnancies Dr. Naeem LH -01	Physiology LGIS F-P-006 RH. Incompatibility Dr. Usama Shayan LH -01	Behavioral Sciences LGIS F-BhS-006 Stress Dr. Altaf Qadir LH -01		Com. Medicine LGIS F-CM-004 Multi factorial causation Dr. Amber LH -01	Embryology LGIS FA-037 Prenatal diagnosis Dr. Amin LH -01	Practical Batch B: Anatomy Histology Re A-047: Embryonic/Fetal identify+ Placenta+ USG report + Dates. Batch C: Physiology: F- P-011: WBCs - Slide Batch D: Biochemistry F-B-019 Solutions Batch A: Clinical Skill Lab : SDL All Demo	
Wednesday	SGIS Batch B: Anatomy F-A- 006 Muscle Tissue Batch C: Physiology F-P-010: WBCs Batch D: Biochemistry: F-B-010 Enzyme Batch A: Anatomy Practical Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates. All Demo	Physiology LGIS F-P-007 Autonomic Nervous System – Components + Physiological anatomy: SN and PNS Dr.Tanzeela Waqar LH -01	Pathology LGIS F-Pa-002 Microbes Dr. Ambreen LH -01	Physiology LGIS F-P-007 Sympathetic Nervous System Dr. Tanzeela Waqar LH -01		Pharmacology LGIS F-Ph-003 Pharmacodynamics Dr. Meneza LH -01	Embryology LGIS FA-039 Teratogenicity Dr. Amin LH -01	Practical Batch C: Anatomy Histology Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates. Batch D: Physiology: F- P-011: WBCs - Slide Batch A: Biochemistry F-B-019 Solutions Batch B: Clinical Skill Lab : SDL All Demo	
Thursday	SGIS Batch C: Anatomy F-A- 006 Muscle Tissue Batch D: Physiology F-P-010: WBCs Batch A: Biochemistry: F-B-010 Enzyme Batch B: Anatomy Practical Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates. All Demo	Biochemistry LGIS F-B-014 Immunoglobins + Interpret Multiple Myeloma Dr. M Faheem Siddiqui LH -01	IT Word, Google Docs), internet search strategies, and using online libraries (e.g., PubMed, Google Scholar). LH -01	Quran Describe concept of Shirk (2) Ms. Ulfat LH -01		Anatomy LGIS FA-005 skin infections Dr. Naeem LH -01	Anatomy LGIS FA-005 skin infections & grafting Dr. Yasoob LH -01	Practical Batch D: Anatomy Histology Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates. Batch A: Physiology: F- P-011: WBCs - Slide Batch B: Biochemistry F-B-019 Solutions Batch C: Clinical Skill Lab : SDL All Demo	
Friday	8:00- 9:00	9:00-9:45	9:45- 10:30	10:30-11:15	11:15-11:45	11:45 – 01:15		01:15-01:45	01:45-03:00
	SGIS Batch D: Anatomy F-A- 006 Muscle Tissue Batch A: Physiology F-P-010: WBCs Batch B: Biochemistry: F-B-010 Enzyme Batch C: Anatomy Practical Re A-047: Embryonic/Fetal identif+Placenta+ USG report + All Demo	Biochemistry LGIS F-B-013 Plasma Proteins Dr. Hasan Jamil LH -01	Expository Writing To write expository essays using planning, prewriting, organizing, drafting, revising, editing, and proofreading strategies Dr. Shoaib LH -01	Pathology LGIS F-Pa-002 Bacterial Cell Vs Viral Replication Dr. Sheama LH -01	Break	Embryology LGIS Test LH -01		Jumma Prayer	Self-Directed Learning

Queens Medical College, Kasur
Timetable 1st Year MBBS (Session 2025-2026)

Week 8 Fetal period

Days	8:00- 9:00	9:00 – 9:45	9:45- 10:30	10:30 – 11:15	11:15-11:45	11:45 – 12:30	12:30-1:45	1:45 – 3.00
Monday	Test Anatomy LH -01	Biochemistry LGIS F-B-011 Explain + Interpret single gene defect i.e., emphysema Dr. Hassan Jamil LH -01	General Anatomy LGIS FA-006 structure of Hypertrophy Dr. Naeem LH -01	General Anatomy FA-007 Vascular System Dr. Yasooob LH -01	BREAK	Physiology LGIS F-P-007 Para synthetic Nervous system Dr. Shaista Husain LH -01	PERL LGIS Self-Directed Lerner Dr. Ghazala Shahid LH -01	Practical Batch A: Anatomy Histology Batch B: Pathology: Cell injury Batch C: Biochemistry OSPE Batch D: Clinical Skill Lab SDL All Demo
Tuesday	SGIS Batch A: Anatomy F-A- 008 Neuroglia Batch B: Physiology F-P-001 Autonomic NS Batch C: Biochemistry: F-B- 012 Protein Batch D: Anatomy Practical All Demo	PERL LGIS Verbal Communication Dr. Shoaib LH -01	Biochemistry LGIS F-B-001 Amino acids classification, importance, properties Dr. M Faheem Siddiqui LH -01	Histology LGIS FA-007 Clinicals of Vessels Dr. Naeem LH -01		Pathology LGIS F-Pa-002 Growth curve of bacteria Dr. Iqbal LH -01	Physiology LGIS F-P-007 Para synthetic Nervous system Dr. Shaista Husain LH -01	Practical Batch B: Anatomy Histology Batch C: Pathology: Cell injury Batch D: Biochemistry OSPE Batch A: Clinical Skill Lab SDL All Demo
Wednesday	SGIS Batch B: Anatomy F-A- 008 Neuroglia Batch C: Physiology F-P-001 Autonomic NS Batch D: Biochemistry F-B- 012 Protein Batch A: Anatomy Practical All Demo	Biochemistry LGIS F-B -012 Proteins classification, structural levels with role of chaperons Dr. M Faheem Siddiqui LH -01	General Anatomy LGIS FA-008 formation of Plexuses, sympathetic and parasympathetic nervous system Dr. Amin LH -01	Physiology LGIS F-P-007 Abnormality of autoimmune System Dr. Usama Shayan LH -01		General Anatomy Test LH -01	Pharmacology LGIS F-Ph-006 Autonomic System Dr. Muneeza LH -01	Practical Batch C: Anatomy Histology Batch D: Pathology: Cell injury Batch A: Biochemistry OSPE Batch B: Clinical Skill Lab SDL All Demo
Thursday	SGIS Batch C: Anatomy F-A- 008 Neuroglia Batch D: Physiology F-P-001 Autonomic NS Batch A: Biochemistry: F-B- 012 Protein Batch B: Anatomy Practical All Demo	Pathology LGIS F-Pa-002 Determinants of bacterial pathogenies Dr. Iqbal LH -01	Physiology LGIS F-P-007 Types of Receptors' Dr. Tanzeela Waqar LH -01	Pathology LGIS F-Pa-003 Sterilization and disinfection Dr. Ambreen LH-01		Physiology LGIS F-P 007 Types of receptors + functions Dr. Shaista Husain LH -01	Behavioral Sciences LGIS F-BhS-006 Stress Dr. Altaf Qadir LH -01	Practical Batch D: Anatomy Histology Batch A: Pathology: Cell injury Batch B: Biochemistry OSPE Batch C: Clinical Skill Lab SDL All Demo
Friday	8:00- 9:00	9:00-9:45	9:45- 10:30	10:30 -11:15	11:15 – 11:45	11:45 – 03:00		
	SGIS Batch D: Anatomy F-A- 008 Neuroglia Batch A: Physiology F-P-001 Autonomic NS Batch B: Biochemistry: F-B- 012 Protein Batch C: Anatomy Practical All Demo	Histology F-A-045 Lipid Storage and Mobilization Integration with Pathology Dr. Javid LH -01	Expository Writing Introduction to citation management tools (e.g., Zotero, Mendeley) for referencing sources in essays. Dr. Shoaib LH -01	Test Pharmacology, Pathology. Community Medicine, Behavioral Sciences All Faculty LH -01	BREAK	Integrated Seminar by DME		

Queens Medical College, Kasur
Timetable 1st Year MBBS (Session 2025-2026)

Date Sheet 1st Year MBBS (Session-2025-26) Foundation Module Exam

	8:00- 9:00	9:00 - 10:00	10:00- 11:00	11:00 - 11:30	11:30- 12:30	01:30-02:30	02:30 – 2:30
Monday	Anatomy LGIS Revision	Biochemistry LGIS Revision	Research LGIS Literature and engines Serach Mr. Daniyal Roll No 1-50 Computer Lab	Break	Research LGIS Literature and engines Serach Mr. Daniyal Roll No 51-100 Computer Lab	Physiology LGIS Revision	CFRC Revision
Tuesday	Theory Paper 9:00 am - 12:00 pm Anatomy 25 MCQs and 5 SEQs						
Wednesday	Theory Paper 9:00 am - 12:00 pm Physiology 25 MCQs and 5 SEQs						
Thursday	Biochemistry 9:00 am - 12:00 pm Theory Paper Biochemistry 25 MCQs and 5 SEQs						
Friday	Theory Paper 9:00 am - 12:00 pm 40 MCQs						
	Pharmacology	Pathology	Community Medicine	Behavioral Sciences			

- Practical Exam Shall be taken in batches during Practical times in relevant departments (-----)
- Viva Shall be taken in SGIS Sessions in relevant departments (-----)



Dr. Syed Hasan Shoaib
Director Medical Education
Queens Medical College



Prof. Shireen Khawar
Principal,
Queens Medical College, Kasur